

- Friendship
- Integrity
- Enthusiasm
 - Responsibility

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- Loyalty
- Respect

Discipline

- Mental Toughness

Dear Coach:

Welcome to the 44th Annual Fond du Lac Memorial Invitational, to be held Friday, October 4th, 2013. The meet will again be hosted at Rolling Meadows Golf Course. The course is run on grass and small sections of limestone paths; spikes are permitted. This meet is dedicated to Jamie Burroughs, Josh Huey, Adam McCullough, and Dan Schneider; the four Fond du Lac Cross Country runners who died in a car accident on August 14, 1993.

Your team's cooperation is essential to conduct a smooth meet and to continue the cross country tradition at Rolling Meadows for future years. The meet will be using holes 1-9 again like last year. The golf course will have golfing on holes 10 through 27 including the driving range, so teams and spectators are asked to respect the following restricted areas:

- Holes that are not part of the CC course (holes 10-27; center and right side of golf course)
- Any roped off areas around the course •
- The finish chute and official areas
- Tees, greens, and bunkers •
- The clubhouse and locker rooms •

Entries

Entries can be submitted to Performance Timing through their website at www.performancetiming.com in the Coaches section. Entry deadline is Wednesday, October 2 by midnight. A registration spreadsheet is provided on the website. Once you have entered your registration information on the spreadsheet, you can submit it through the website. If you already have a spreadsheet with your team roster, please feel free to submit that as long as it contains all the necessary information. If you are not already registered as a coach on the site, you will need to do that to login to the Coaches section. Questions should be directed to John at 715-218-7883 or email john@performancetiming.com.

Entry Fee

\$80 per team, \$160 for coed.

Arrival

Your bus may unload in the Rolling Meadows parking lot. Busses should then be parked on Holiday Lane across from Rolling Meadows Drive. PLEASE SHARE THIS INFORMATION WITH YOUR BUS DRIVERS. Tents and team camp areas are limited to the area along the south edge of the parking lot and to the south side of the club house. Team packets will be available at the consession tent. Course maps will be provided.

Parking

The parking area closest to the clubhouse on the north end is reserved for golfers. Spectators should park on the far south side of the lot farthest away from the entrance and closest to the start and finish lines. Absolutely no busses are allowed to park in the parking lot.

Quiet Confidence



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Spectators & Athletes

Please help us by informing your specators and athletes:

- Absolutely no pets, soccer balls, footballs or Frisbees
- Athletes and spectators will only be permitted on holes 1-9 on the golf course. Please stay off holes 10-27 and the driving range. Thank you for your cooperation.
- The clubhouse is off limits. •

Concessions

Food and commemorative long sleeve t-shirts will be available.

Restrooms

Please use the portable restrooms on the edge of the parking lot. Again, the clubhouse is off limits.

Scoring

The top five places of each team will be added to determine team place. Lowest score wins. Meet results will be posted a few hours after the invite at www.performancetiming.com.

Meet Schedule

4:00 pm	JV Girls 4k (unlimited entries)
4:30 pm	JV Boys 5k (unlimited entries)
5:00 pm	Varsity Girls 4k (maximum of 8 runners)
5:30 pm	Varsity Boys 5k (maximum of 8 runners)
6:00 pm	Award Ceremony

Awards

Team plaque and medals will be awared for varsity team champions.

Team plaque for varsity team runners-up.

Medals will be awarded for individuals placing in the top 15 in the varsity races and top 10 in the JV races.

Participating Teams

Appleton East, Appleton North, Appleton West, Fond du Lac, Germantown, Manitowoc Lincoln, Menomonee Falls, Neenah, Nicolet, Oshkosh North, Sheboygan North, Stevens Point (girls).

Directions

Rolling Meadows Golf Course is located at 560 W. Rolling Meadows Drive. Please use exit 98 off of Highway 41. If you are coming from Hwy. 41 south, turn left onto Military Road / County D. If you are coming from Hwy. 41 north, turn right onto Military Road / County D. Then turn left onto Rolling Meadows Drive at the stoplight by the BP gas station. The golf course will be on your right.

If there are any questions please contact:

Kevin Deering, Athletic Director – (920) 906-6508 Brad Theyerl, Head Coach – (920) 922-1577, bradfdlrc@hotmail.com